Contorno Side Orders

Garlic Bread	**£5.95**
Garlic Bread Cheese And Tomato	**£7.00**
Garlic Bread Tomato And Chilli	**£6.50**
Focaccia Served with rosemary sea salt olives and cherry tomato.	**£6.95**
Sautee Potato Served with bacon and rosemary.	**£5.50**
Side Salad	**£4.95**
Spinach With onion black pepper garlic touch of chilli and olive oil.	**£4.25**
Mixed Vegetables	**£4.50**
Chunky Chips	**£4.50**







La Vita Mia

ITALIAN CUISINE

Newark Castle Station
Great North Road, Newark
Nottinghamshire NG24 1BL

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Dining@lavitamia.co.uk
www.lavitamia.co.uk

All main courses are served with fresh vegetables and sautéed potatoes unless otherwise stated.
Gluten-free pasta is available at your request. (V) Indicates vegetarian dishes.
All prices include VAT. All prices subject to change without notice.

Any allergies should be communicated to staff members on arrival.

La Vita Mia

ITALIAN CUISINE

Main Menu

- À LA CARTE -









Antipasti

Homemade Bread and Oil (V) **£5.95**

Marinated Mixed Olives (V) **£4.95**

Soup of the Day **£8.95**

Funghi Piemontese (V) **£9.75**
Sautéed button mushrooms in garlic, parsley butter in a creamy sauce served in filo pastry.

Antipasti Misto **£10.95**
A selection of cured italian meats and cheese olives and pickles served with homemade bread.

Bruschetta Di Napoli (V) **£8.50**
Marinated cherry tomato's fresh basil and a touch of garlic served on crusty homemade bread.

La Vita Mia Green Mussels **£10.45**
Green lip mussels white wine cream and tarragon with homemade bread.

Mozzarella In Carrozza (V) **£8.95**
Mozzarella in bread crumbs lightly fried with pomadoro sauce.

Gamberoni Picanti **£9.50**
King prawns with garlic and lemon sauce served with Italian bread.

Polpette Della Casa **£9.95**
Homemade meatballs cooked in a spicy tomato sauce with red onion and red wine served with homemade bread.

Chicken Pate **£9.85**
Our chefs homemade chicken pate served with toasted italian bread and cranberry sauce.

Calamari Fritti **£9.00**
Deep fried calamari served with homemade tartar sauce.

Formaggio Di Capra (V) **£8.95**
Breaded and fried goat's cheese with homemade caramelized onions



Controfiletto

Bistecca Alla Biscaiola **£22.95**
Pan-fried sirloin steak with porcini mushrooms smoked parma ham red wine and touch of cream.

Filetto Barolo **£26.95**
Fillet steak with barolo reduction sauce .

Filetto Pepe Verde **£26.95**
Fillet steak served with creamy green peppercorn sauce.

Agnello Alla Toscana **£22.95**
Lamb cutlets in madeira jus with rosemary and sun dried tomato

Tournedo Rossini **£27.95**
9oz fillet steak on crouton base topped with pate and madeira sauce.

Fillet Stroganoff **£26.95**
Prime beef fillet served with mushrooms brandy onions cream garlic and extra virgin olive oil.

Pollo

Petto Di Pollo Con Funghi Alla Crema **£16.95**
Pan-fried chicken breast with white wine mushrooms in creamy sauce.

Petto Di Pollo La Vita Mia **£17.95**
Pan-fried chicken breast with white wine prawns peppers and green peppercorn cream and tomato sauce.

Pollo Parma Ham **£18.95**
Stuffed chicken breast with gorgonzola cheese wrapped in parma ham spinach and white wine sauce.

Pollo Stroganoff **£17.95**
Pan fried chicken breast with mushroom onion garlic djon mustard white wine and cream sauce.

Pollo Certosino **£16.95**
Pan-fried chicken breast cooked with onion garlic mushroom and peppers.

Pollo Pepe **£16.95**
Pan-fried chicken breast served in a creamy pepper-corn sauce.



Dal Mare

Salmon Gamberetti **£23.95**
Grilled salmon cooked with gamberoni served with lemon or lobster sauce.

Branzino Alla Griglia **£22.95**
Grilled seabass fillet with lobster or lemon sauce served with seasonal vegetables off the day.

Gamberoni La Vita Mia **£22.95**
King prawns grilled with a touch of garlic in a white wine creamy sauce.

Pizza / Calzone

Gluten free bases available upon request

Pizza Margarita (V) **£10.95**
Tomato cheese and oregano.

Pizza Pepperoni **£11.95**
Tomato cheese and pepperoni.

Pizza Diavola **£13.95**
Tomato cheese pepperoni salami red onion touch of chilli.

Pizza Marinara **£14.95**
Tomato cheese mussels clams prawns touch of chilli.

Pizza Hawaiian **£13.95**
Tomato cheese ham pineapple and mushrooms.

Calzone Verdure (V) **£13.95**
Peppers mushroom onion spinach served with tomato sauce.

Calzone Di Carne **£13.95**
Chicken ham pepperoni salami served with bolognese sauce.

Calzone La Vita Mia **£13.95**
Ham mozzarella mushroom spinach served with tomato sauce.



Pasta & Risotto

Gluten free pasta available upon request

Spaghetti Bolognese **£13.95**
Spaghetti pasta in a bolognese sauce.

Spaghetti Carbonara **£13.95**
Spaghetti pasta with pancetta egg yolk parmesan served on a creamy sauce.

Spaghetti Polpette **£15.25**
Spaghetti pasta with homemade meatballs cooked in tomato sauce.

Tagliatelle La Vita Mia **£15.95**
Tagliatelle pasta with prawns pancetta and mushroom in a white wine creamy sauce.

Tagliatelle Pollo **£16.95**
Tagliatelle pasta with fresh grilled chicken sun-dried tomatoes peppers onions and fresh tarragon in tomato sauce.

Penne Alla Arrabiata (V) **£13.95**
Penne pasta with chilli, olives and tomato sauce.

Lasagne **£14.50**
Layers of fresh pasta homemade classic bolognese and béchamel sauce with fresh herbs and mozzarella served with salad or chips.

Penne Con Salmon **£15.20**
Penne pasta with smoked salmon cherry tomato garlic and creamy pomadoro sauce.

Spaghetti Marinara **£16.95**
Spaghetti pasta and tomatoes in a creamy white wine sauce with dill and mixed seafood.

Ravioli Salmon Romanoff **£16.35**
Ravioli pasta filled with smoked salmon flambeed in vodka and pink peppercorns tomato sauce and cream.

Risotto Pollo **£14.95**
Risotto in a creamy sauce chicken mushroom spinach onion rocket salad and Parmesan shredding.

Risotto La Vita Mia (V option available) **£14.95**
Risotto in a creamy sauce mushroom white wine wrapped in cured ham (also available as a vegetarian dish prepared without ham)

